

Springhill Catholic Primary School

17th October 2025

www.springhillcatholic.net

info@springhillcatholic.net

Tel: 023 8033 3954

(office hours 8:30am—4:30pm)



Together we will do our best for Jesus

“The water that I will give them will become a spring of water within, welling up to eternal life.”- John 4:14

Dear Parents and Carers,

We have one more week of school before half term begins.

Year F Teddy Bear's Picnic:

A huge thank you to Ed and our Parents' Association Team for the lovely Foundation Stage Teddy Bear's picnic last Friday. The children and parents had a lovely time.

Parents' Evenings:

Our November Parents' Evenings are coming up on Wednesday 5th and Thursday 6th November. The bookings will come out soon.

These meetings are done online for year 1-6 parents and face to face in school for the Foundation Stage Parents. Please look out for the booking email. We would like all children to have a parent booking meeting as it is a good opportunity to find out how your child is doing at school and to meet the teacher.

Nuts:

This is a reminder that we are a strictly no nuts school. We have children with severe allergies and as a community, we all need to do our bit to look after them. Please remember that these sorts of items contain nuts:

- Peanut butter
- Chocolate spread
- Kinder hazelnut products
- Nutty chocolate bars such as Snickers
- All Reese's chocolate products
- Sesame seeds (mostly found in sushi) – similar proteins to nuts so please don't send this in.

The above list is what we mostly find coming in to school (thankfully not very often as our parent body are fantastic). Please be vigilant when making packed lunches. Thank you so much for your ongoing support.

I hope you all have a wonderful weekend. Enjoy the rest and beautiful Autumn weather.

Kind regards,
Mrs Ashworth
Head Teacher

Winning house this week



Working together to improve
attendance
Target 97% and above

Year Group Summary
w/c: 13/10/2025

Year F - 98.57%
Year 1 - 97.41%
Year 2 - 98.11%
Year 3 - 98.92%
Year 4 - 97.83%
Year 5 - 98.27%
Year 6 - 97.11%



20 is plenty!
Children who read for 20 minutes a day...
Will be exposed to 1.8 million words a year

- Will have a world of imagination & creativity opened to them
- Will have better general knowledge
- Will improve their critical thinking skills
- Will improve their communication skills
- Will have a broad vocabulary
- Will learn how to develop empathy
- Will improve their test results
- Will have reduced stress levels

SILLY SCHOOLS EDUCATION



Springhill Catholic Primary School



Dates:

Black History Month - October

Monday 20th October - Year 5 London trip

Half Term - Monday 27th October - Friday 31st October

Wednesday 5th November - All Saints Mass and Liturgy

Wednesday 5th November and Thursday 6th November - Parents' Evenings

Thursday 6th November - School photos

Tuesday 11th November at 10:45am - Remembrance Service

Friday 28th November 6.00-7:00pm - Family star gazing event

Lost Property:

The lost property container in the front reception lobby is overflowing. Unlabelled items which remain unclaimed will be donated to charity during half-term. All items that are labelled are returned to the class on a regular basis. All clothing should be clearly labelled with your child's name.

Lunch Menu:

Week 3 Summer Menu - Weeks commencing: 5th May, 2nd & 23rd June, 14th July, 8th and 29th Sept, 20th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Blue choice	<p>BRITISH CHICKEN Chicken burger in a bap with potato of the day</p>	<p>BEEF MINCE WITH ADDED PLAKET-POWER PROTEIN Spaghetti beef Bolognese</p>	<p>INCLUDES PLANT-BASED PROTEIN Loaded cheesy potato wedges</p>	<p>ROAST THURSDAY Roast chicken</p>	<p>MSC APPROVED Fish fingers</p>
Yellow choice	<p>MEAT-FREE DISH! Sweet potato and lentil curry with rice</p>	<p>WHOLEMEAL PIZZA BASE Cheese & tomato pizza</p>	<p>2 OF YOUR 5 A DAY Tomato pasta with garlic bread</p>	<p>FLAVOURED WITH SAGE AND ONION Vegetarian roulade</p>	<p>BRITISH SOMERSET CHEDDAR Cheese and onion bake</p>
Purple choice	<p>OFFERED DAILY! Jacket potato with cheese, tuna, baked beans or coleslaw</p>	<p>OFFERED DAILY! Jacket potato with cheese, tuna, baked beans or coleslaw</p>	<p>OFFERED DAILY! Jacket potato with cheese, tuna, baked beans or coleslaw</p>	<p>OFFERED DAILY! Jacket potato with cheese, tuna, baked beans or coleslaw</p>	<p>OFFERED DAILY! Jacket potato with cheese, tuna, baked beans or coleslaw</p>
Orange choice	<p>PACKED LUNCH OPTION Cheese roll or half baguette</p>	<p>PACKED LUNCH OPTION Ham roll or half baguette</p>	<p>PACKED LUNCH OPTION Cheese roll or half baguette</p>	<p>PACKED LUNCH OPTION Tuna mayo roll or half baguette</p>	<p>PACKED LUNCH OPTION Cheese roll or half baguette</p>
Dessert	Ice cream Seasonal fruit or yoghurt	Flapjack Seasonal fruit or yoghurt	Iced bun Seasonal fruit or yoghurt	Jelly, whip or custard pot Seasonal fruit or yoghurt	Chocolate crunch Seasonal fruit or yoghurt

Springhill Catholic Primary School



Sport News:

After the weather stalled matters two Fridays ago, the cross country season started last Friday. Thirty-nine runners were at the start line and all completed the new course - special mention to Dami (7th), Milan (5th), Eddie (4th) and Harvey, who won the boys' race, whilst there were strong runs from Aoife (15th) and Inga (8th) in the girls' race.

Well done to all the runners and thank you again to Mr Mariner who has kindly purchased more running shirts for the children (see photo below).

Twenty-seven children assembled at King Edward's Preparatory School the following day where further Springhill success was obtained. In their respective year group races, Thomas finished 2nd in the Gold race, Rohan 2nd in the Silver race and Isabella and Amara 2nd and 3rd, respectively, in the Silver race. Ikenna from year 6 finished 2nd in the Silver race whilst Harvey was 4th in the Year 6 Gold race where Harvey matched his performance from the previous day to win that race.

Well done to all the runners.

Congratulations to our indoor athletics team of Thomas, Ebube, Cass, William, Pierre, Anthony, Elizabeth, Isabella, Amelie, Yara, Shyanne and Bassi who finished 3rd in the Year 3 and 4 City event, Running their fastest whilst throwing and jumping their furthest, they all contributed to the team's success.

The U11 girls' football team completed their league fixtures at Test Park this week, drawing one and losing two of their final fixtures. Our U10 girls' football team recorded a solid 3-1 victory against Bassett Green Primary before that year group's boys' team lost by the same margin to the same school.



Please return any football boots or shinpads your child may have borrowed from Mr Cowap in the last few weeks when representing the school. If you have any boots or shinpads that are no longer used, please hand them into reception or ask your child to give to Mr Cowap as we always need more.



Springhill Catholic Primary School



Malayalam Language Teacher Needed!

We are looking for a Malayalam speaker to run a Malayalam Language Club as part of our after-school club offer for children.

The club will take place at Springhill Catholic Primary School, Southampton, from 3.15pm to 4.15pm on a weekly basis (term time only).

This is not a full time teacher post – you don't have to be a qualified teacher as long as you like working with children and have some experience in education.

The aim of the club is to promote the Malayalam language and culture amongst Springhill pupils for whom Malayalam is a home language, in line with our wider goal to celebrate multiculturalism.

The 1-hour lesson would be for mixed-age children so it should be based around fun yet educational activities. The children would already be speaking Malayalam to some extent but with varying levels. Therefore, the sessions need to focus on interactive speaking activities such as games, songs, use of vocabulary and language features, as well as cultural aspects.

The lessons would be run independently by the selected adult, who would collect their payment from parents and be responsible for all the related administrative tasks and supervision of the children. More details to be discussed at a later stage with the school office.

If you have some experience in education and/or are working with children and are interested in running the Malayalam Club sessions or if you know someone with the necessary skills and experience, please get in touch! Fill in the recruitment questionnaire by clicking on the link below (or copy and paste) or forward it to anyone who might be interested in the opportunity: <https://forms.office.com/e/9fjZdXaE0H>

Alternatively, please email the school office at info@springhillcatholic.net FAO Mrs Dass.





Online Safety:

VPNs

VPN use among UK teens is on the rise – with a noticeable uptick following the introduction of the Online Safety Act's age-verification rules. A VPN – or virtual private network – can boost online privacy by hiding internet activity and masking the user's location. But while this technology has legitimate uses, it can also allow children to bypass safety filters and access inappropriate content. This guide covers what parents and educators need to know about VPNs and how to keep young people safe.

WHAT ARE THE RISKS?

BYPASSING RESTRICTIONS

VPNs are commonly used by young people to get around blocks on school networks or parental controls. This could include accessing social media, gaming sites or adult content that would otherwise be filtered out.

ACCESSING INAPPROPRIATE CONTENT

When a VPN is active, content filters can no longer see which sites a child is visiting. This means they could access inappropriate content without detection. This also makes it harder to intervene when a child is engaging in risky behaviour, as it may be difficult to detect it's happening.

REDUCED TRANSPARENCY

VPNs may make parental monitoring software ineffective, stopping parents from monitoring their child's activities, including their ability to identify potentially harmful or inappropriate content or online contact. This in turn may prevent parents from protecting their children from attempted sextortion or other online threats.

FALSE SENSE OF ANONYMITY

Children believing that VPNs make them 'invisible' online may seek to explore unsuitable internet content, including content which might otherwise be blocked. This may result in them seeking and accessing increasingly inappropriate – or even harmful – content.

INCREASED EXPOSURE TO MALWARE

Many free VPN apps are poorly regulated and may carry hidden malware. Young people installing unverified software could unknowingly open up their device (and home network) to spying, data theft, computer viruses, or even remote access by criminals.

RISK OF MALICIOUS VPN PROVIDERS

Although VPNs may increase privacy from network or service provider filtering and monitoring, this results in providing user and usage data to VPN providers. Some VPN providers may track user activity and sell that data to advertisers – or worse, malicious third parties. Not all VPNs are trustworthy.

Advice for Parents & Educators

EXPLAIN THE POSSIBLE BENEFITS OF VPNs

Explain how VPNs can help protect user data and therefore may be appropriate when using public or other unsecured Wi-Fi, or while dealing with sensitive corporate or personal data.

EXPLAIN THE RISKS OF VPNs

Discuss online risks, including harmful, disturbing, and criminal content. Inform children about criminal contact, such as sextortion, and how VPNs may restrict adults from monitoring children's internet use and helping them avoid these risks.

FREE ISN'T FREE

Discuss the risk of 'free' VPNs and how they may sell or use people's data, which adds privacy risks. Additionally, discuss the potential for added malware in VPN downloads, and how these compromise devices and apps, leading to potential fraud or theft.

CHECK DEVICES FOR VPNs

VPNs can be installed as both apps and browser extensions, so regularly check these on the devices used by the young people in your care. If they have been using VPNs, discuss it, listen to their reasoning, and inform them of the associated risks. In some cases, it may be appropriate to block VPN use via parental controls and other settings.

DISCUSS ONLINE BOUNDARIES

Reinforce the importance of keeping safe online and how filtering and monitoring helps keep young people safe – explain this to them rather than just 'being strict'. Encourage an open conversation around what they're accessing and why.

Meet Our Expert

This guide has been created in collaboration with Gary Henderson, director of IT at a large independent school in the UK, an ambassador for the Association of Network Managers in Education and the Vice



#WakeUpWednesday

The National College



The Weekly Springhill TTRS Results!



Most Valuable Players:

YG	1 st	2 nd	3 rd
3	Luigi	Oli	Jason
4	Emmanuel	Sia	Ronel
5	Danny	Abel	Daniel
6	Khye	Jason	Huen

Well done to all of the players above for working extremely hard.

Class vs Class:

YG	1 st	2 nd	3 rd
3	3MD	3NC	3BM
4	4JW	4SW	4MR
5	5JP	5PA	5LP
6	6JS	6LK	6GA

Remember! 😊

The winning class from each year group will be the class with the most active players.





Assistant Head Teacher Award

Giovanna - Year 5

Aleena - Year 5

Agata - Year 5

Mia P - Year 5

Teacher Award

FEG	Oscar F	Samuel	
FDH	Hunter	Juno	
FCL	Fabian	Orla	
1DB	Benji	Tsarina	
1KG	Irene	Dhanwant	
1SL	Amelia	Mia	
2JH	Sasha	Spiro	
2LW	Max	Dominik	
2EW	Nkem	Judith	
3BM	Anson	Valentina	
3MD	Bella	Eric	
3NC	Al-Ameen	Belmira	
4SW	Francis	Aria	
4MR	Aitana	Oskar	Arianna
4JW	Adelle	Nicole	
5LP	Nikolai	Juliette	
5JP	Daniel	Kaisha	
5PA	Casey	Mason	
6JS	Stefanos	Sebastian	
6GA	Natalia	Lochlann	
6LK	Tommy	Nayla	



Doing Our Best for Jesus Certificates

FDH	Mia
FCL	Daen
FEG	Anthony
1DB	Isiah
1KG	Sophie
1SL	Aster
2EW	Teresa
2LW	Evelina
2JH	Marcel
3NC	Judah
3MD	Vanessa
3BM	Kenny
4MR	Luna
4SW	Ryan D
4JW	Sebastian
5LP	Filip
5JP	Ome
5PA	Maya
6JS	Zofia
6GA	Chelsea
6LK	Nathaniel



Parents' Association:

Thank You for a Fantastic Teddy Bears' Party!

A big thank you to all the Foundation parents and children who came along to the Teddy Bears' Party. We had a fantastic turn out that completely filled the Main Hall.

Our thanks as well to the parents and volunteers who supported our new PA Chair in running his very first event - and the PA's first event of the school year. Your help made all the difference!

We hope everyone had a great time - that parents got to know each other a bit more, and that the children had a good play. And of course, congratulations to the lucky children who won a teddy!

We'd Love Your Feedback - We want to make sure that every event is enjoyable and caters to the needs of everyone who attends, so we'd really appreciate your feedback. Please bear in mind that the event was organised and run solely by parents and staff, including the PA, who gave their time and energy to make it happen.

Please use this google form to give your feedback:

<https://forms.gle/7Ay2BneqicZJ9NV76>

Springhill Parents' and Friends' Association

C/o Springhill Catholic Primary School

Milton Road

Southampton

SO15 2HW

Registered Charity Number 1147247.

Raise funds with shopping:

<https://www.easyfundraising.org.uk/causes/springhillcatholic/>

Springhill Catholic Primary School



Polish Club:

Polish After-School Club for children in years 1-6 in the Autumn term

YOU CAN STILL SIGN UP YOUR CHILD!

It has been a joy to see so many children with Polish as their home language joining our Polish Club in years 1 to 6! At the club, children have an opportunity to develop their Polish language skills further and learn about the Polish culture through fun educational activities.

You can still sign up your child for the Polish Club for the the Autumn term, by contacting the teachers:

a.wojcikpolishclub@gmail.com (years 1-3)

ewelina.j.zalewska@gmail.com (years 4-6)

The price is £7 per child per session and payment is made half-termly in advance.

For more information, please see the posters below (in English and in Polish).

Polski Klub – rok szkolny 2025-26

Zapraszamy do zapisywania dzieci do Polskiego Klubu na semester Autumn 1.

Zajęcia dla dzieci w klasach 1- 6 będą się odbywać w piątki po szkole w godzinach 15.15-16.15 w 2 grupach:

Młodsza Grupa (klasy 1,2 i 3)

Nauczyciel: Agnieszka Wojcik

Kontakt: a.wojcikpolishclub@gmail.com

Starsza Grupa (klasy 4, 5 i 6)

Nauczyciel: Ewelina Zalewska

Kontakt: ewelina.j.zalewska@gmail.com

W celu zapisania dziecka, prosimy o kontakt z nauczycielem.

Zajęcia rozpoczynają się w **piątek 12 września 2025.**

Cena: £7 za godzinę zajęć za 1 dziecko, płatne z góry za half term. Szczegóły u nauczycielek.



Polish Club – Academic Year 2025-26

It is still possible to sign up your child for the Polish Club in Autumn 1. The club is designed for children whose first language is Polish.

It will continue to take place on Fridays 3.15pm to 4.15 pm, in 2 groups:

Younger Group (years 1,2 and 3)

Teacher: Agnieszka Wojcik

Contact: a.wojcikpolishclub@gmail.com

Older Group (years 4, 5 and 6)

Teacher: Ewelina Zalewska

Contact: ewelina.j.zalewska@gmail.com

Please contact the relevant teacher to sign up.

The first session will take place on **Friday 12th September 2025.**

Cost: £7 per session per child, paid upfront for the half term. For details, please contact the teachers.





Superstar Sports Half Term Holiday Course at Springhill :

OCTOBER HALF TERM

HOLIDAY COURSES

FOOTBALL, MULTI-SPORTS, PERFORMING ARTS, GYMNASTICS,
INFLATABLES, CRAFTS AND MUCH MORE!

YOU WILL NEED TO BRING A PACKED LUNCH, WATER BOTTLE &
COAT



VENUE	SPRINGHILL PRIMARY SCHOOL
DATES	27TH OCTOBER - 31ST OCTOBER
AGES	4 - 12 YEAR OLDS
PRICE	£20 PER DAY
TIME	9 AM - 3 PM
OUT OF HOURS	8 - 9 AM £6 (BREAKFAST INCLUDED) 3 - 4.30 PM £6



bookings.superstarsportsuk.co.uk



02382 127331





Computer Xplorers Half Term Holiday Course :

October Holiday Camp

ActiveXplorers

Monday 27th Oct– Thursday 30th Oct 2025

Location:
Fryern Federation School
Oakmount Road
Chandlers Ford
SO53 2LN

Itchen College
Middle Road
Southampton
SO19 7TB

Session Price
Prices vary form £25–£30

Session Times:
08:30–17:30
9–15.30

THE ACTIVITIES
We cover many subjects including:
Minecraft
Game Design
Laser Tag
App Design
Robotics
VR head sets
Football
Multi Sports

AGES 5–16 YEARS

BOOK NOW!

Computer Xplorers



Eastleigh FC Half Term Holiday Course :

EASTLEIGH FC

OCTOBER

HALF TERM HOLIDAY COURSES

EASTLEIGH FOOTBALL CLUB,
STONEHAM LANE, SO50 9HT
9AM-3PM | AGES 5-14

FREE TICKETS AVAILABLE FOR FIRST TEAM GAMES!

FUN FOOTBALL PRIZES

MEET FIRST-TEAM PLAYERS

BOOK YOUR PLACE ONLINE

SCAN HERE

ANY QUESTIONS? CONTACT JOSH

JNACE@EASTLEIGHFC.COM

🚀🏆 Calling all young football superstars! 🏆🚀

This October half term, Eastleigh FC is turning up the fun with our Holiday Football Courses – and YOU'RE invited!

- 🌟 Play like the pros
- 🌟 Win awesome football prizes 🏆
- 🌟 Meet first-team players ❤️
- 🌟 Even grab FREE tickets to watch Eastleigh FC in action! 📺

📍 Eastleigh Football Club, Stoneham Lane, SO50 9HT

🕒 9AM – 3PM | Ages 5–14

It's the ultimate half-term football adventure – skills, goals, new friends, and loads of fun packed into every day!

📱 Scan the QR code on the poster and book your spot today before they're gone!

Any Questions ? - Contact Josh : jnace@eastleighfc.com



Suns Basketball Club:

SOUTHAMPTON SUNS BASKETBALL CLUB








DEVELOPMENT SESSIONS

U10'S

REDBRIDGE COMMUNITY
FRIDAY
5-6PM

U10'S

REDBRIDGE COMMUNITY
FRIDAY
5-6PM

U12'S + U14'S

REDBRIDGE COMMUNITY
WEDNESDAY
5-6PM

U14'S + U16'S

REDBRIDGE COMMUNITY
WEDNESDAY
6-7PM

CVL SESSIONS

U10'S

REDBRIDGE COMMUNITY
THURSDAY
5-6PM

U12'S

REDBRIDGE COMMUNITY
THURSDAY
5-6PM

U14'S

REDBRIDGE COMMUNITY
MONDAY
5-6PM

ADULTS SESSIONS

REDBRIDGE COMMUNITY
MONDAY
6-7PM



JNL

U14 + U16S


SUPERSTARSPORTSUKBASKETBALL



BOOK YOUR FREE TASTER NOW!

WWW.SUPERSTARSPORTSUK.COM

PROUDLY SPONSORED BY













Support Groups:

October 2025



**HAMPSHIRE
PARENT CARER
NETWORK**
enabling voices to be heard

Get Togethers



2nd October, 10 -12pm: Fleet Get Together- Fleet Town Football Club, Crookham Road, Fleet Hampshire GU51 5FA -

8th October, 10-12pm : Basingstoke Get Together - The Viables Craft Centre, 19 The Harrow Way, Basingstoke RG22 4BJ ****SENDIASS ATTENDING to offer 1:1 support****


14th October, 10-12pm: Havant Get Together - Horizon Havant, Civic Centre Road, Havant, Hampshire, PO9 2AY

21st October, 10-12pm: Eastleigh Get Together - St Francis Hall, Nightingale Avenue SO50 9JH

22nd October, 8-9pm: online Evening Get Together - - Meeting ID: 890 6612 2644 Passcode: GT


- Connect with other parent carers
- Relax over a cuppa in a friendly, non-judgemental space
- Share experiences & local issues
- Give feedback on services supporting your children & young people

This month Hampshire SENDIASS will be attending the **Basingstoke** session. They will be available to offer 1:1 time to discuss your personal journey and will offer in the moment guidance to help your young person 0-25.



For more information please contact: participation@hpcn.org.uk

Next week at Re:Minds... 20th - 24th October 2025




Advice Clinic




Thursday 23rd October 10am

Book a 10 minute, private, virtual Zoom appointment to speak with a clinician about any issues CAMHS deal with

The clinic is led by the Southampton Specialist CAMHS Service and is open to ALL members of Re:Minds for general advice



Email info@reminds.org.uk to book



Please email info@reminds.org.uk to book your space at the clinic
No need to book to attend the support group - just drop in!



Springhill Catholic Primary School



Church News:

St Joseph's & St Edmund's



Jubilee Year 2025

St. Edmund's Church has been chosen to be one of six shrine churches that will be particular places of pilgrimage, as well as places for the granting of the indulgence in the Year of Jubilee 2025.

Our Lady of the Rosary of La Navál de Manila

During October, the month of the Holy Rosary, a special devotional initiative will take place at the side altar of Our Lady in St Edmund's Church. A petition book will be available for parishioners to write their personal intentions to Our Lady of the Rosary of La Navál de Manila to be sent to the National Shrine of Our Lady of La Navál in Quezon City, where Dominican brothers and religious will offer prayers for all the intentions submitted.

Weekly newsletter available to view at: <https://www.southamptoncitycentrecatholics.org/newsletter>

Immaculate Conception Church

Bamenda Sunday - 26th October 2025



Weekly newsletter available to view at: <https://www.immaculateconception.church/newsletter>

Springhill is a diverse community which we are proud of. If English is not your first language - you can copy and paste school emails and newsletters into google translate and they will be changed to your preferred language:

<https://translate.google.co.uk/>