

Springhill Catholic Primary School

26th September 2025

www.springhillcatholic.net

info@springhillcatholic.net

Tel: 023 8033 3954

(office hours 8:30am—4:30pm)



Together we will do our best for Jesus

“The water that I will give them will become a spring of water within, welling up to eternal life.”- John 4:14

Dear Parents and Carers,

Another wonderful week has passed and being back at school and all settled in to the new school year has gone very well.

Harvest Festival – Monday 6th October:

Next Monday, is our school Harvest Festival celebration. We'd love children to come to school with one of the items below which will be used for our local community:

- Tinned meals e.g. macaroni cheese/pies/beans & sausages/ hot dogs/spaghetti bolognaise
- Crisps/sweet treats/chocolate
- Tea/coffee
- Breakfast cereals
- Rice/noodles
- Toiletries i.e. shampoo/conditioner/body wash/shower gel/ toothbrushes/toothpaste/deodorants (male and female)

All the above would be perfect but we will gratefully accept any donations.

Please bring these on **Monday 6th October** only as the children will bring them along to Harvest Prayers on this day.

Thank you for your support in advance.

School MUGA:

The resurfacing of the school MUGA has gone well and the new lines have now been painted on too. The MUGA will be ready to use from Monday and I know the children are excited to be back and they can't wait to test it out. This was a huge project costing almost £50,000 but was such an important investment for our children.

I hope you have a fantastic weekend with your wonderful children.

Kind regards,
Mrs Ashworth
Head Teacher

Winning house
this week



Working together to improve
attendance

Target 97% and above

Year Group Summary
w/c: 22/09/2025

Year F - 99.03%

Year 1 - 97.16%

Year 2 - 97.66%

Year 3 - 98.87%

Year 4 - 97.56%

Year 5 - 97.75%

Year 6 - 96.40%



Springhill Catholic Primary School



Dates:

w/c 29th September - all week
 Wednesday 1st October 7:30pm
 Monday 6th October

4JW Swimming daily
 Parents' Association AGM in school
 Harvest Festival

Lunch Menu:

Week 3 Summer Menu - Weeks commencing: 5th May, 2nd & 23rd June, 14th July, 8th and 29th Sept, 20th Oct

	Monday	Tuesday	Wednesday	Thursday	Friday
Blue choice	PUPP FAVOURITE BRITISH CHICKEN Chicken burger in a bap with potato of the day	RETURNING FAVOURITE MEAT-FREE PROTEIN Spaghetti beef Bolognese	INCLUDES SWEET POTATO INCLUDES PLANT-BASED PROTEIN Loaded cheesy potato wedges	ROAST OF THE DAY ROAST THURSDAY Roast chicken	FISHY FRIDAY! MSC APPROVED Fish fingers
Yellow choice	VEGAN MEAT-FREE DISH Sweet potato and lentil curry with rice	PIZZA TUESDAY WHOLEMEAL PIZZA BASE Cheese & tomato pizza	VEGAN 1 OF YOUR 5 A DAY Tomato pasta with garlic bread	INCLUDES GOORN FLAVOURED WITH SAGE AND ONION Vegetarian roulade	NEW DISH BRITISH SOMERSET SKEGDAIR Cheese and onion bake
Purple choice	JACKET POTATO WITH VARIOUS FILLING OFFERED DAILY! Jacket potato with cheese, tuna, baked beans or coleslaw	JACKET POTATO WITH VARIOUS FILLING OFFERED DAILY! Jacket potato with cheese, tuna, baked beans or coleslaw	JACKET POTATO WITH VARIOUS FILLING OFFERED DAILY! Jacket potato cheese, tuna, baked beans or coleslaw	JACKET POTATO WITH VARIOUS FILLING OFFERED DAILY! Jacket potato with cheese, tuna, baked beans or coleslaw	JACKET POTATO WITH VARIOUS FILLING OFFERED DAILY! Jacket potato with cheese, tuna, baked beans or coleslaw
Orange choice	PACKED LUNCH OPTION Cheese roll or half baguette	HAM BAGUETTE PACKED LUNCH OPTION Ham roll or half baguette	CHEESE BAGUETTE PACKED LUNCH OPTION Cheese roll or half baguette	PACKED LUNCH OPTION Tuna mayo roll or half baguette	CHEESE BAGUETTE PACKED LUNCH OPTION Cheese roll or half baguette
Dessert	Ice cream Seasonal fruit or yoghurt	Flapjack Seasonal fruit or yoghurt	Iced bun Seasonal fruit or yoghurt	Jelly, whip or custard pot Seasonal fruit or yoghurt	Chocolate crunch Seasonal fruit or yoghurt

The Weekly Springhill TTRS Results!



Most Valuable Players:

YG	1 st	2 nd	3 rd
3	Luigi	Oli	Michal
4	Emmanuel	Pola	Sia
5	Anderson	Kamso	Daniel
6	Jason	Leon	Orlaith

Well done to all of the players above for working extremely hard.

Class vs Class:

YG	1 st	2 nd	3 rd
3	3MD	3BM	3NC
4	4SW	4JW	4MR
5	5LP	5PA	5JP
6	6LK	6GA	6JS

Remember! 😊

The winning class from each year group will be the class with the most active players.



Springhill Catholic Primary School



Sport News:

Sports trips have already started for a number of children in various year groups, with football being the main sport played.

Our U10 boys' football team finished 9th in the KES Preparatory Cup, only losing one game out of the five they played. The U11 boys' team lost to a strong St Francis Primary team, then defeated Bassett Green Primary before losing to Cherbourg Primary in the County Cup. They lost their opening two games in the Test Park league yesterday to Fairisle Junior and Blackfield Primary, respectively. The U11 girls' team fought back well to draw with Bassett Green Primary but also lost to St Francis Primary. Well played to all those footballers who never gave up in their matches.

Today, all children in KS2 have been given a Match Attax activity sheet, on which they can complete their own colourful design (copy attached). By handing their completed design to Mr Cowap, they will win some Match Attax football cards on a first come, first served basis. **Please ensure your child's name and class are written on their design.** Completion of the survey via the QR code is optional! Closing date is Thursday 9th October.

Celebrating Achievements outside school:

Well done to Sebastian (4JW) who recently participated in the springboard/high board Diving Talent Identification Programme for 2025/26 at the Quays Swimming and Diving Complex where he successfully passed two phases of the talent testing. He has been invited to join the Runner-Up Talent group and is absolutely thrilled about this opportunity!
Congratulations, Sebastian!

Congratulations to Jemima and Teresa on coming first in their ballet duet at Itchen Dance Festival on Sunday. Well done, Jemima and Teresa!





Online Safety:

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about ONLINE SLANG

WHAT ARE THE RISKS?

Slang moves fast – and for many young people, it's not just how they talk, but how they share their identity and feelings. Learning key terms helps adults connect and show understanding, even if the lingo seems baffling at first.

GENERATIONAL MISCOMMUNICATION

Words like 'rizz' or 'slaps' can be misunderstood by adults, leading to awkward moments or a breakdown in trust. These phrases often carry subtle social meanings among young people.

RAPIDLY SHIFTING MEANINGS

Slang changes quickly. A term like 'bop' might sound innocent one week and be repurposed the next. This makes it easy for adults to fall behind and for children to misstep.

SHIELDING BULLYING OR EXCLUSION

Inside jokes and trending terms like 'simp' or 'NPC' can be used to mock or exclude others. What looks like harmless fun might actually reinforce social divisions or bullying.

PERFORMING FOR THE ALGORITHM

Slang often reflects what's popular on platforms like TikTok. Young users might exaggerate or act out for likes, creating online personas that don't match their real selves.

CONTENT MODERATION WITH CODED SPEECH

To avoid content filters, young people sometimes use slang or emojis to talk about serious topics – for example, saying 'unalive' instead of other death-related terms. This makes harmful content harder to spot.

LONG-TERM DIGITAL FOOTPRINT

A slang-filled post might seem funny now but could resurface years later during job checks or university applications – possibly out of context, but still damaging.

Advice for Parents & Educators

KEEP UP, DON'T CATCH UP

Follow youth culture pages or ask your child about new slang. Staying informed shows that you're engaged and open to understanding their world.

FOCUS ON CONNECTION OVER CONTROL

Being someone your child can talk to is more valuable than using strict filters or monitoring apps. Openness builds trust.

ASK, DON'T INTERROGATE

Use open questions to invite conversation. You're not quizzing them – just trying to learn more about their online lives.

ENCOURAGE CRITICAL MEDIA LITERACY

Talk about where slang comes from, how it spreads, and how it can impact others. This helps young people use language more thoughtfully.

ONLINE SLANG CHEAT SHEET

The following slang terms are common examples – please be aware this isn't an exhaustive list and both meaning and prevalence can change swiftly.

COMMON SLANG:

- **Sigma** – Independent, self-reliant (often male) mindset; proud outsider status. Often celebrated in motivational memes.
- **Skibidi** – Nonsense word from the viral 'Skibidi Toilet' meme; expresses chaos or fun. Usually harmless but pervasive.
- **Chat** – The collective audience or group of viewers (e.g. on a livestream). Used when addressing followers directly.
- **Lock in** – To focus, commit or get serious (e.g. before gaming or sports). Positive encouragement to concentrate.
- **Cooking** – Doing something exceptionally well or gaining momentum. Opposite of 'cooked'.
- **Rizz** – Charisma or flirting ability (short for charisma). Can praise social confidence.
- **Aura or aura farming** – One's perceived 'energy' or vibe; 'farming' means manufacturing clout.

POTENTIALLY CONCERNING SLANG

- **Bop** – An adult content creator (e.g. OnlyFans). Indicates exposure to 18+ material.
- **Gyat or gyatt** – Sexualised exclamation about someone's backside. Objectifies appearance.
- **Tralalera tralala / bombardino crocodile / tung tung tung sahur** – Spammy references to AI-generated creatures with 'Italian-sounding' names. Can clog chats, derail discussion, and harass others.
- **Glazing** – Overpraising or obsessively defending a streamer or celebrity.
- **Crash out** – To lose control, give up or have a meltdown; sometimes hints at self-harm.
- **Cooked** – Ruined, exhausted or in serious trouble; sometimes mental health-related.
- **Unalive** – Euphemism for death or suicide; used to avoid content filters.
- **NPC** – Used to suggest someone is lacking independent thoughts or is repetitive and predictable.

Meet Our Expert

Keith Broni is a globally renowned emoji expert and the Editor in Chief of emojipedia.org, the world's number one emoji resource. He has an MSc in Business Psychology from University College London and an MBA from Quantic School of Business and Technology.





Head Teacher Award

Arianna - Year 2

Deputy Head Teacher Award

Shiloh - 1DB

Benji - 1DB

Grzes - 2JH

Teacher Award

FEG	Oscar E	Mia
FDH	Ludo	Sofia
FCL	Amelia	Mikhail
1DB	Lara	Jean-Emmanuel
1KG	Jayden	Andrii
2JH	Dawid	Zach
2LW	Mia	Emmanuel
2EW	Alicja	Sebastian
2EW	Theo	Arna
3BM	Anthony	Eva
3MD	Oli	Michal
3NC	Ava	Ian
4SW	Adela	Pierre
4MR	Isabella	Anthony
4JW	Mia	Ronel
5LP	Daniel M	Gabi A
5JP	Reagan	Joan
5PA	Giovanna	Seymour
6JS	Inga	Isa
6GA	Chima	Alan
6LK	Ayush	Lauren



Doing Our Best for Jesus Certificates

FDH	Hannah
FCL	Lola
FEG	Eesah
1DB	Cara
1KG	Nicky
2EW	Alessia
2EW	Naeto
2LW	Ettie
2JH	Fabian
3NC	Samuel
3MD	Vera
3BM	Alyssa
4MR	Aitana
4SW	Igisa
4JW	Isadora
5LP	Natan
5JP	Cillian
5PA	Mia
6JS	Daniel
6GA	Rosie
6LK	Liana



Parents' Association:

SPRINGHILL PARENTS' ASSOCIATION

SOCIAL & AGM

**Wednesday 1st October
7:30pm @ Springhill school**

You're invited to have your say and meet other parents!

The PA would love you to join us for our yearly get-together where we share what we've been up to, how funds have been spent, and our exciting plans for the year ahead.

It's also when we vote in the committee (Chair, Treasurer, Secretary, plus others).

Coming along doesn't mean you'll be pressured to join the committee. It's just a chance to hear more and have your say.

Everything the PA does, helps give our children extra opportunities and resources that wouldn't otherwise be possible - all thanks to parent, teacher and carer support.

We'd love to see you there!

****WIN A HAMPER OF GOODIES****

Every attendee will be entered in the draw to win a hamper.

info@springhillpa.uk

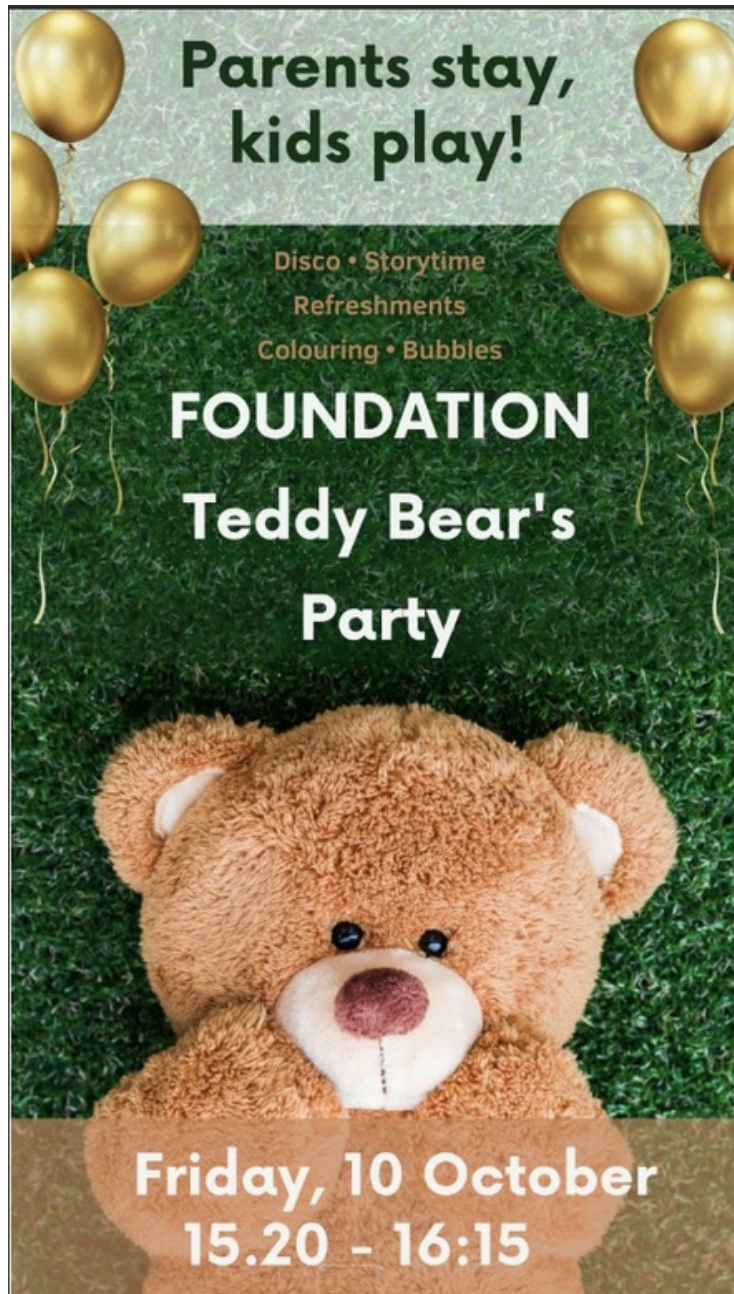


Springhill Catholic Primary School



Parents' Association:

Coming soon...



Springhill Parents' and Friends' Association

C/o Springhill Catholic Primary School
Milton Road
Southampton
SO15 2HW

Registered Charity Number 1147247.

Raise funds with shopping:

<https://www.easyfundraising.org.uk/causes/springhillcatholic/>

Springhill Catholic Primary School



Polish Club:

Polish After-School Club for children in years 1-6 in the Autumn term

YOU CAN STILL SIGN UP YOUR CHILD!

It has been a joy to see so many children with Polish as their home language joining our Polish Club in years 1 to 6! At the club, children have an opportunity to develop their Polish language skills further and learn about the Polish culture through fun educational activities.

You can still sign up your child for the Polish Club for the the Autumn term, by contacting the teachers:

a.wojcikpolishclub@gmail.com (years 1-3)

ewelina.j.zalewska@gmail.com (years 4-6)

The price is £7 per child per session and payment is made half-termly in advance.

For more information, please see the posters below (in English and in Polish).

Polski Klub – rok szkolny 2025-26

Zapraszamy do zapisywania dzieci do Polskiego Klubu na semester Autumn 1.

Zajęcia dla dzieci w klasach 1- 6 będą się odbywać w piątki po szkole w godzinach 15.15-16.15 w 2 grupach:

Młodsza Grupa (klasy 1,2 i 3)

Nauczyciel: Agnieszka Wjcik

Kontakt: a.wojcikpolishclub@gmail.com

Starsza Grupa (klasy 4, 5 i 6)

Nauczyciel: Ewelina Zalewska

Kontakt: ewelina.j.zalewska@gmail.com

W celu zapisania dziecka, prosimy o kontakt z nauczycielem.

Zajęcia rozpoczynają się w **piątek 12 września 2025.**

Cena: £7 za godzinę zajęć za 1 dziecko, płatne z góry za half term. Szczegóły u nauczycielek.



Polish Club – Academic Year 2025-26

It is still possible to sign up your child for the Polish Club in Autumn 1. The club is designed for children whose first language is Polish.

It will continue to take place on Fridays 3.15pm to 4.15 pm, in 2 groups:

Younger Group (years 1,2 and 3)

Teacher: Agnieszka Wojcik

Contact: a.wojcikpolishclub@gmail.com

Older Group (years 4, 5 and 6)

Teacher: Ewelina Zalewska

Contact: ewelina.j.zalewska@gmail.com

Please contact the relevant teacher to sign up.

The first session will take place on **Friday 12th September 2025.**

Cost: £7 per session per child, paid upfront for the half term. For details, please contact the teachers.



Springhill Catholic Primary School



Secondary School Open Sessions:

SAINT GEORGE CATHOLIC COLLEGE

Open Evening

**THURSDAY
2ND OCTOBER 2025
5PM - 8PM**

Ofsted Outstanding Provider

REGENTS PARK Community College

AP5 COUNCIL ENGLAND

Southampton Co-operative Learning Trust

RE

Ofsted Good Provider

Regents Park Community College Open Sessions

**1st October 2025, 9.15am - 10.15am & 1.15pm - 2.15pm
2nd October 2025, 1.15pm - 2.15pm**

Year 6 parents, if you are unable to attend our Open Evening on Thursday 25th September and would like to see RPCC in action, we are opening our doors for parents to tour the school. If you are interested, please complete the form on the link below to reserve your place on one of our open sessions.

<https://forms.gle/dfFsX23cMdWGwXc87>

Respect Pride Creativity Challenge

Year 6 Activities Morning

Saturday 27th September
8.45am - 12pm

For Year 6 pupils who would like to meet some of our teachers and try fun activities at The Gregg School. Choose your favourite combination of activities when you book.

THE GREGG

Visit our Open Evening

Thursday 9th October
4.30pm-7pm

Headteacher's welcome • Meet the teachers
Explore the buildings and grounds
Refreshments • Classroom activities

Book now via our website www.thegreggschool.org/open-events

KING EDWARD VI SCHOOL

See King Edward's through their eyes at our next Open Evening

Come and take a closer look at life at KES.
Experience the curiosity, character and spirit that make KES truly unique.

Friday 3 October 2025
6.00pm - 8.30pm

[Book Your Place Now](#)

To find out more about our school please visit: kes.school



Superstar Sports Half-term Holiday Course :

OCTOBER HALF TERM

HOLIDAY COURSES

FOOTBALL, MULTI-SPORTS, PERFORMING ARTS, GYMNASTICS,
INFLATABLES, CRAFTS AND MUCH MORE!

YOU WILL NEED TO BRING A PACKED LUNCH, WATER BOTTLE &
COAT

VENUE	SPRINGHILL PRIMARY SCHOOL
DATES	27TH OCTOBER - 31ST OCTOBER
AGES	4 - 12 YEAR OLDS
PRICE	£20 PER DAY
TIME	9 AM - 3 PM
OUT OF HOURS	8-9 AM £6 (BREAKFAST INCLUDED) 3-4.30 PM £6

**10%
SIBLING
DISCOUNT**

**TAX-FREE
CHILDCARE &
CHILDCARE
VOUCHERS
ACCEPTED**

bookings.superstarsportsuk.co.uk

02382 127331



Eastleigh FC Half-term Holiday Course :

EASTLEIGH FC

OCTOBER

HALF TERM HOLIDAY COURSES

EASTLEIGH FOOTBALL CLUB,
STONEHAM LANE, SO50 9HT
9AM-3PM | AGES 5-14

FREE TICKETS AVAILABLE FOR FIRST TEAM GAMES!

FUN FOOTBALL PRIZES

MEET FIRST-TEAM PLAYERS

BOOK YOUR PLACE ONLINE

SCAN HERE

ANY QUESTIONS? CONTACT JOSH

JNACE@EASTLEIGHFC.COM

🚀🏆 Calling all young football superstars! 🏆🚀

This October half term, Eastleigh FC is turning up the fun with our Holiday Football Courses – and YOU'RE invited!

- 🌟 Play like the pros
- 🌟 Win awesome football prizes 🏆
- 🌟 Meet first-team players ❤️
- 🌟 Even grab FREE tickets to watch Eastleigh FC in action! 🎫

📍 Eastleigh Football Club, Stoneham Lane, SO50 9HT

🕒 9AM – 3PM | Ages 5–14

It's the ultimate half-term football adventure – skills, goals, new friends, and loads of fun packed into every day!

📱 Scan the QR code on the poster and book your spot today before they're gone!

Any Questions ? - Contact Josh : jnace@eastleighfc.com



Support Groups:

October 2025



**HAMPSHIRE
PARENT CARER
NETWORK**
enabling voices to be heard

Get Together



2nd October, 10 -12pm: Fleet Get Together- Fleet Town Football Club, Crookham Road, Fleet Hampshire GU51 5FA -

8th October, 10-12pm : Basingstoke Get Together - The Viables Craft Centre, 19 The Harrow Way, Basingstoke RG22 4BJ ****SENDIASS ATTENDING to offer 1:1 support****

14th October, 10-12pm: Havant Get Together - Horizon Havant , Civic Centre Road, Havant, Hampshire, PO9 2AY

21st October, 10-12pm: Eastleigh Get Together - St Francis Hall, Nightingale Avenue SO50 9JH

22nd October, 8-9pm: online Evening Get Together - - Meeting ID: 890 6612 2644 Passcode: GT

- Connect with other parent carers
- Relax over a cuppa in a friendly, non-judgemental space
- Share experiences & local issues
- Give feedback on services supporting your children & young people

This month Hampshire SENDIASS will be attending the **Basingstoke** session. They will be available to offer 1:1 time to discuss your personal journey and will offer in the moment guidance to help your young person 0-25.

Hampshire SENDIASS

For more information please contact: participation@hpcn.org.uk

Next week at Re:Minds

29th September - 3rd October 2025

Eating Disorders Advice Clinic

Tuesday 30th September 10.30am

Book a 15 minute, private, virtual appointment by Zoom to speak with a specialist clinician from the CAMHS Eating Disorder team for advice about:

- eating disorders / disordered eating patterns / increased activity
- ARFID / relationship with food

or any other aspects of concern around eating

Email info@reminds.org.uk to book

SEND Legal Advice Clinic

Wednesday 1st October 12.30pm

We are linking with Shentons Solicitors to offer three SEND legal advice clinics to our Re:Minds families who require advice around education, tribunals, appeals etc.

Please email info@reminds.org.uk to book a slot, or follow the link on the event

Shirley Support Group

Friday 3rd October 10am

Join us for a friendly cuppa with others who truly 'get it'

Meet fellow parents/carers, chat about the ups & downs of neurodiversity and mental health in our children, share experiences, pick up top tips and get support & advice from the Re:Minds team

No need to book, just drop in! There's no cost to attend and you'll be warmly welcomed!


You can also access the book & sensory library while you're here

This is an adults only group unless otherwise stated

Find us at:
St James Road Methodist Church, SO15 5HE
Upstairs in Room 7
Access is from the rear of the church via the car park
Please let us know if you need to use the lift

Advice & Support on all aspects of transitions

- leaving school
- starting college or higher education
- leaving care
- housing
- social care
- living independently
- finding a job
- EHCPs
- health
- financial
- mental capacity
- advocacy
- adult mental health
- sexuality and gender




Kerstin from Re:Minds is offering:

- Peer Support
- Information
- Advice
- Advocacy
- links to other services

Kerstin from our 16-25 Mental Health Collective will also be on hand at the Shirley Support Group for anyone who is caring for a young person in this age bracket

Please email info@reminds.org.uk to book your space at the clinics
No need to book to attend the support group - just drop in!



with thanks to NHS Trust

Springhill Catholic Primary School



Church News:



St Joseph's & St Edmund's



Jubilee Year 2025

St. Edmund's Church has been chosen to be one of six shrine churches that will be particular places of pilgrimage, as well as places for the granting of the indulgence in the Year of Jubilee 2025.

Our Lady of the Rosary of La Navál de Manila

Next month, during the Month of the Holy Rosary (October), a special devotional initiative will take place at the side altar of Our Lady in St Edmund's Church. A petition book will be available for parishioners to write their personal intentions to Our Lady of the Rosary of La Navál de Manila to be sent to the National Shrine of Our Lady of La Navál in Quezon City, where Dominican brothers and religious will offer prayers for all the intentions submitted.

St Francis of Assisi

Saturday 4th October 2025, 11am Mass at St Edmund's Church - you are invited to join in the international celebrations of the Canticum of the Creatures.

Weekly newsletter available to view at: <https://www.southamptoncitycentrecatholics.org/newsletter>

Immaculate Conception Church



VACANCY

Parish Administrator - Immaculate Conception Church, 20-25 hrs per week

Please see the Parish newsletter for further information on the vacancy and details of regular weekly activities in the Parish.

Weekly newsletter available to view at: <https://www.immaculateconception.church/newsletter>

Springhill is a diverse community which we are proud of. If English is not your first language - you can copy and paste school emails and newsletters into google translate and they will be changed to your preferred language:

<https://translate.google.co.uk/>