



Rationale for PE:

At Springhill, PE is taught according to the National Curriculum guidance and needs of our children.

We teach it this way because:

It matches the national curriculum through providing a range of indoor and outdoor activities and sports that help develop our children's physical and cognitive literacy. This teaches them the fundamentals of a range of sports and the skills that are needed within them to allow them to become life-long participants in sport.

We go beyond the curriculum here: Daily 60 minutes of structured physical activity time through PE lessons, break time and lunchtime sporting activities.

PE LTP	Foundatio n	Year 1	Year 2	Year 3			Year 4			Year 5			Year 6		
				A	B	C	A	B	C	A	B	C	A	B	C
Autumn 1	Gymnastics Games: basic skills	Dance Games: <i>Throwing and catching</i>	Gymnastics Games: <i>Throwing and catching</i>	Gymnastics Basketball	Tennis Gymnastics	Basketball Tennis	Gymnastics Basketball	Tennis Gymnastics	Basketball Tennis	Gymnastics Basketball	Tennis Gymnastics	Basketball Tennis	Gymnastics Basketball	Tennis Gymnastics	Basketball Tennis
Autumn 2	Gymnastics Games: basic skills	Dance Games: <i>Throwing and catching</i>	Gymnastics Games: <i>Throwing and catching</i>	Tennis Football	Dance Basketball	Football Gymnastics	Tennis Football	Dance Basketball	Football Gymnastics	Tennis Football	Dance Basketball	Football Gymnastics	Tennis Football	Dance Basketball	Football Gymnastics
Spring 1	Gymnastics Games: basic skills	Dance Games: <i>Throwing and catching</i>	Gymnastics Games: <i>Throwing and catching</i>	Dance Hockey	Football Tag rugby	Hockey Dance	Dance Hockey	Football Gaelic football	Hockey Dance	Dance Hockey	Football Tag rugby	Hockey Dance	Dance Hockey	Football Gaelic football	Hockey Dance
Spring 2	Dance Games: basic skills	Dance Games: <i>Throwing and catching</i>	Gymnastics Games: <i>Throwing and catching</i>	Gymnastics Tag rugby	Hockey Gymnastics	Tag rugby Cricket	Gymnastics Gaelic football	Hockey Gymnastics	Gaelic football Cricket	Gymnastics Tag rugby	Hockey Gymnastics	Tag rugby Cricket	Gymnastics Gaelic football	Hockey Gymnastics	Gaelic football Cricket
Summer 1	Gymnastics Games: basic skills	Dance Games: <i>Throwing and catching</i>	Gymnastics Games: <i>Throwing and catching</i>	Cricket Athletics – field	Athletics – track Cricket	Gymnastics Athletics – field	Cricket Athletics – field	Athletics – track Cricket	Gymnastics Athletics – field	Cricket Athletics – field	Athletics – track Cricket	Gymnastics Athletics – field	Cricket Athletics – field	Athletics – track Cricket	Gymnastics Athletics – field
Summer 2	Dance Games: basic skills	Dance Games: <i>Throwing and catching</i>	Gymnastics Games: <i>Throwing and catching</i>	Athletics – track Invasion games	Athletics – field Invasion games	Athletics – track Invasion games	Athletics – track Invasion games	Athletics – field Invasion games	Athletics – track Invasion games	Athletics – track Invasion games	Athletics – field Invasion games	Athletics – track Invasion games / OEA	Athletics – field Invasion games / OEA	Athletics – track Invasion games / OEA	

Indoor PE – main hall

Sports Day skills preparation



Springhill Catholic Primary School
Yearly Overview
PE



Teacher/YG choice of small-sided games